

# Queen Elizabeth II Seniors and Community Centre Advisory Committee

## Meeting Agenda

<b>Meeting Name</b>	Queen Elizabeth II Senior and Community Centre Advisory Committee	<b>Meeting No.</b>	D-23-122463
<b>Meeting Date</b>	Wednesday 04 October 2023		
<b>Meeting Time</b>	9:00am		
<b>Meeting Location</b>	QEII Seniors and Community Centre		
<b>Attendance by Electronic Means</b>	<i>In accordance with the Local Government (Administration) Regulations 1996 regulation 14C (2) - Attendance has been authorised by the Mayor for Cr to attend this meeting by electronic means.</i>		
<b>Attendees</b>	Cr Bob Hall BH (Chair) Cr Natasha Colliver NC Cr Michael Reymond MR  Peter Treharne PT (CGG) Pavlina Heiderova PH (CGG)Rosetta Finlay RF (Minutes)	<b>By Invitation</b>	Betty Clark BC Over 50's Gentle Gym Jean Steer JS Seniors Recreation Council Greater Geraldton Branch Lina Mitton LM Geraldton and Districts Seniors Action Group Pat Parker PP Pensioners Social Club
		<b>Apologies</b>	Fiona Norling FN (CGG)
		<b>Leave of Absence</b>	
		<b>Absent</b>	Cr Simon Keemink SK
		<b>Distribution</b>	As listed
<b>Purpose of Committee</b>	Refer to <a href="#">Committee Book</a>		

### 1 Welcome and Apologies

### 2 Acknowledgement of Country

I would like to respectfully acknowledge the Yamatji people who are the Traditional Owners and First People of the land on which we meet/stand. I would like to pay my respects to the Elders past, present and future for they hold the memories, the traditions, the culture and hopes of Yamatji people.

### 3 Disclosure of Interests

### 4 Applications for Leave of Absence

### 5 Minutes of Previous Meeting

# Queen Elizabeth II Seniors Advisory Committee

## Meeting Minutes

<b>Meeting Name</b>	Queen Elizabeth II Seniors Advisory Committee	<b>Meeting No.</b>	D-23-079231
<b>Meeting Date</b>	Wednesday 21 June 2023		
<b>Meeting Time</b>	9:05am to 9:45am		
<b>Meeting Location</b>	QEII Seniors & Community Centre		
<b>Attendance by Electronic Means</b>	<i>In accordance with the Local Government (Administration) Regulations 1996 regulation 14C (2) - Attendance has been authorised by the Mayor for Cr Michael Reymond to attend this meeting by electronic means.</i>		
<b>Attendees</b>	Cr Bob Hall (BH)	<b>By Invitation</b>	
	Cr Natasha Colliver (NC)	<b>Apologies</b>	Fiona Norling (FN) CGG Pavlina Heiderova (PH) CGG
	Cr Michael Reymond (MR)	<b>Leave of Absence</b>	
	Peter Treharne (PT) CGG	<b>Absent</b>	Cr Simon Keemink (SK)
	Betty Clark (BC) Over 50's Gentle Gym	<b>Distribution</b>	
Jean Steer (JS) Seniors Recreation Council, Greater Geraldton Branch			
Lina Mitton (LM) Geraldton & Districts Seniors Action Group			
Pat Parker (PP) Pensioners Social Club			
Rosetta Finlay (CGG) Minutes			
<b>Purpose of Committee</b>	Refer to <a href="#">Committee Book</a>		

All Committee Members, including external members, are subject to the same rules as a Council Meeting concerning confidentiality, public statements, conflicts of interest and behaviours of members, pursuant to the [Local Government \(Model Code of Conduct\) Regulations 2021](#).

The Presiding Member is to refer to the following Policy, Meeting Procedures and Regulations when chairing a meeting.

[Meeting Procedures Local Law 2011](#)

[Council Policy 4.4. Operation of Advisory Committees](#)

[Council Policy 4.2 Code of Conduct for Council Members, Committee Members and Candidates](#)

### 1 Welcome & Apologies

The Chair welcomed the members and apologies were noted from:

Fiona Norling FN

Pavlina Heiderova PH

### 2 Acknowledgement of Country

I would like to respectfully acknowledge the Yamatji people who are the Traditional Owners and First People of the land on which we meet/stand. I would like to pay my respects to the

Elders past, present and future for they hold the memories, the traditions, the culture and hopes of Yamatji people.

### **3 Disclosure of Interests**

Nil

### **4 Minutes of Previous Meeting**

#### **Committee Recommendation:**

RECOMMENDED that the minutes of the Queen Elizabeth II Seniors Advisory Committee meeting held on Wednesday 15 March 2023 as previously circulated, be adopted as a true and correct record of proceedings.

**MOVED MR, SECONDED NC**

**CARRIED**

### **5 Reports to be Received – QEII Seniors and Community Centre Monthly Reports and Attendance Figures March, April, May 2023**

The Committee noted the following:

- Additional senior Information sessions held at the centre since January to March include:
- Carers WA Van visit and carers information session.
- AdvoCare Advocate visit.
- 2 x WA Seniors Card Sessions.
- MyGov session.
- World Elder Abuse Awareness Day event was held the 15 June with 25 in attendance.
- Dying to Know Day - To be held on the 9 August in collaboration with Regional Alliance with information sessions on will, advanced health directives and enduring power of attorney.

#### **COMMITTEE DECISION**

**MOVED MR, SECONDED NC**

**RECOMMEND** the QEII Seniors and Community Centre Reports and attendance figures March, April, May 2023 be adopted.

**CARRIED**

### **6 Centre Fees and Charges**

The Committee noted fees and charges are currently under review by Council.

ACTION: Cr Hall and Cr Colliver to provide update at next Advisory Committee meeting

### **7 Expression of Interest for the Provision of Senior Programs**

The Committee noted the closing date is the 28 June 2023 and currently five (5) expressions received.

### **8 2023 Seniors Week**

The Committee noted the 2023 Seniors Week is being held state-wide from Sunday 12 to 19 November 2023.

The Geraldton Seniors Week Committee has commenced meetings with 90% of program events for the Midwest region finalised.

### **9 General Business**

The Committee noted the following:

- The Geraldton & Districts Seniors Action Group has entered into an Everlasting Agreement with the City of Greater Geraldton for a room hire fee reduction.
- The QEII Centre survey has closed with 176 surveys completed. The QEII Seniors & Community Centre Survey (Community Survey Report) was tabled at the meeting.

ACTION: RF to include information in Centre newsletter regarding welcoming feedback.

## **10 Date of next meeting**

The next meeting is scheduled for Wednesday, 04 October 2023 at the QEII Seniors and Community Centre.

## **11 Close**

There being no further business the Chair closed the meeting at 9:45am.

Signed: Cr Bob Hall \_\_\_\_\_ Date: \_\_\_\_\_

## **6 Reports to be Received – Centre Monthly Figures July – August**

**QEII SENIORS & COMMUNITY CENTRE REPORT – JULY 2023**  
 prepared by Rosetta Finlay, Seniors Programming Officer

<b>Centre program</b>	<b>Attendance</b>
All Ability Social Club (weekly) <b>new program</b>	8
Art Class (weekly)	42
Balance Gym (four sessions weekly)	424
Bereavement/Loss Group (monthly)	15
Bingo (monthly)	25
Bowls (weekly)	218
Canasta (twice a week)	75
Cards (weekly)	96
ChatnDo (Spalding Outreach) (weekly)	37
Chess (weekly)	16
Craft (weekly)	26
Crochet /Knitters Group (weekly)	62
Darts (weekly)	41
Drumming Workshops (Thursday) (one session weekly)	29
Drumming Workshops (Tuesday night) (weekly)	20
ESL Class (weekly)	22
Five Hundred Card Game / Rummikub (weekly)	74
Foodbank Van (twice a week)	30
Line Dancing (weekly)	74
Mah-jongg (twice a week)	72
Marching Group (weekly)	13
Over 50's Gentle Gym (three sessions per week)	314
Parkinson's Support Group – Boxing (two sessions per week)	66
Pensioners Social Club Meeting/ committee (monthly)	37
Pickle Ball (two sessions per week)	153
Pickle Ball Night (one session weekly)	63
Pilates (weekly)	86
Pole Walking	18
QEII Advisory Committee (every three months)	0
Rehab Gym (two sessions per week)	83
Scrabble Group (two sessions per week)	62
Seniors Online (daily)	105
Seniors Action Group Meeting	65
Seniors Recreation Council Inc. (every three months)	0
Switched on Seniors (weekly)	26
Switched on Seniors – One on One sessions	6
Table Tennis (weekly)	93
Ukulele Dreamers Club (weekly)	48
Visibility Australia (monthly)	9
Walk Group (weekly)	47
Zumba (weekly)	84
<b>Additional Seniors Events/ Information Sessions</b>	
Flannelette Friday Friendship Day	10
Geraldton Seniors Week Committee Meeting	7
Minister Donald Punch MLA meeting with Geraldton & Districts Seniors Action Group	36
<b>Seniors Attendance Monthly Total</b>	<b>2837</b>

**Notes**

- Library and Lounge Room facilities not included in attendance figures.
- Art Class, ESL, Switched on Seniors and One on One Sessions took a two-week break during the school holiday

### QEII Seniors Resource Centre

Enquiries Received	July
Individual Centre Program Enquiries - Pickle Ball, Pilates etc	65
Newsletters given out with face-to-face enquiries	45
Referral to other senior groups in the community e.g. Cultural Trust, Social Sporting Groups	9
Assistance with accessing forms online/printing, photocopying, connecting to the WIFI	55
Referral to senior service providers e.g. ACAT, Regional Alliance	12
Seniors' information e.g. WA Seniors Card, Regional Fuel Card etc	14
Dying to Know Information session bookings	38
Oximeter Distribution	4
New centre registrations	39
<b>Total Centre Enquiries</b>	<b>281</b>

#### Senior Service Providers:

- Balance Gym - WACRA (WA Centre for Rural Health)
- English as a Second Language Classes – Midwest Multicultural Association
- Rehabilitation Gym – WACHS (WA Country Health Service)
- Bereavement & Loss Group – St John Palliative Care
- Visibility Support Group- Visibility Australia

#### Senior Advertising/ Displays

- **QEII Senior July 2023 Newsletter**  
440 hard copies distributed.  
Posted on the City of Greater Geraldton website and Over 50' Geraldton Life  
Email distribution to 729 recipients  
QEII Newsletter – QR code scan  
Hard copies distributed to Geraldton Regional Library, Civic Centre, Mullewa
- **Brochures/ Flyers/ Posters**  
2023 Aged cared and Retirement Living Booklets – ongoing.  
Dying to Know Day - Wills & Information sessions – 9 August.  
QEII All Abilities Timetable and Social Club  
Menshed Big BBQ Breakfast 30-year anniversary  
Fit For Life – 5 September (new centre program)  
Midwest Multicultural Dinner  
WA Seniors Card 2023 -2024 Seniors Discount Directory  
Queen Park Theatre – various shows
- **Over 50's Geraldton Life Facebook posts**  
QE2 Senior July Newsletter  
Dying to Know Day x 3 posts.  
Geraldton & Districts Seniors Action Group 40<sup>th</sup> Anniversary  
Flannelette Friday Friendship Day  
Swimming With Sharks – an autism story  
Art Hub Northampton  
GRAMS Elders Bingo and Luncheon  
Menshed Shredders Community Big BBQ Breakfast

#### Senior Program Updates

- **2023 Seniors Week** – Planning in process by the Geraldton Seniors Week Committee.
- **Expressions of Interest** for the provision of additional senior programs closed 28 June 2023 (six EOI received. New program session **Fit For Life** to commence 5 September [D-23-097023](#))
- **Dying to Know Day** - 9 August 2023. Information sessions provided by Regional Alliance West [D-23-095092](#)
- **Flannelette Friday** – Provided opportunity for seniors to socialise [D-23- 095097](#)

- **QEII Seniors & Community Centre Stakeholders Survey** – to be finalised for distribution.
- **QEII Centre July 2023 Newsletter** distributed [D-23-082563](#)
- **QEII Centre website** updated with current **2023/24 Hire Fees & Charges** and new senior photos.
- **Geraldton & Districts Seniors Action Group** celebrated 40 years with a celebration lunch attended by Mayor Shane Van Styn, sponsors and special guests.
- **Geraldton & Districts Seniors Action Group Have a Go Day** scheduled for 15 August 2023 [D-23-085864](#)
- **QEII Centre Hire Conditions & Post Event Forms** reviewed and updated.
- **Australian Men's Shed Association 30-year anniversary. (Shredders Community Big BBQ Breakfast)** Being held the 15 August at the Centre with centre senior groups involvement -e.g. line dancing, ukelele group etc. [D-23-095117](#)
- **Disability & Inclusion Survey Forms** distributed at the centre (survey closed 24 July)
- **World Elder Abuse Awareness Day Event** - grant acquittal completed.
- QEII staff attended **De-escalation Training 13 July**
- **All Ability Social Club** commenced 26 July and to continue weekly on a Wednesday.

### **QEII Seniors & Community Centre Bookings**

#### **Regular Community User Groups**

- Geraldton Orchid Society x 1 session
- Sun City Four Square Church x 5 sessions
- Adventist Family Fellowship x 5 sessions

**Total = 230**

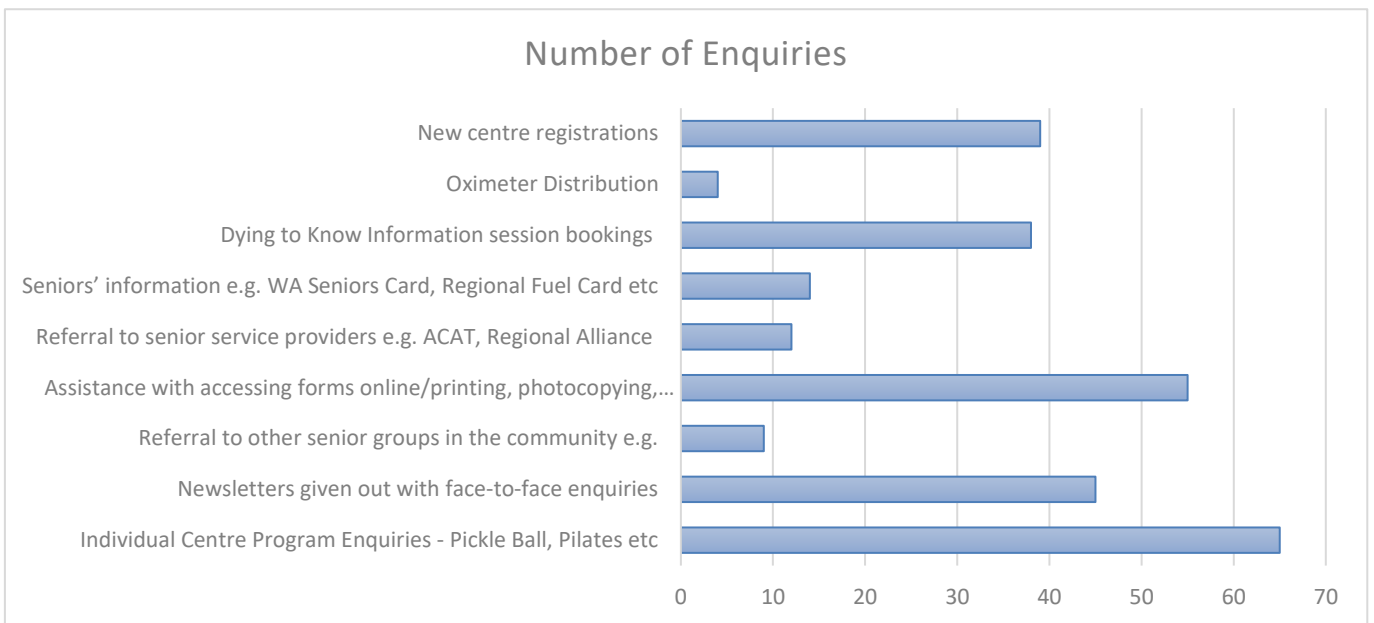
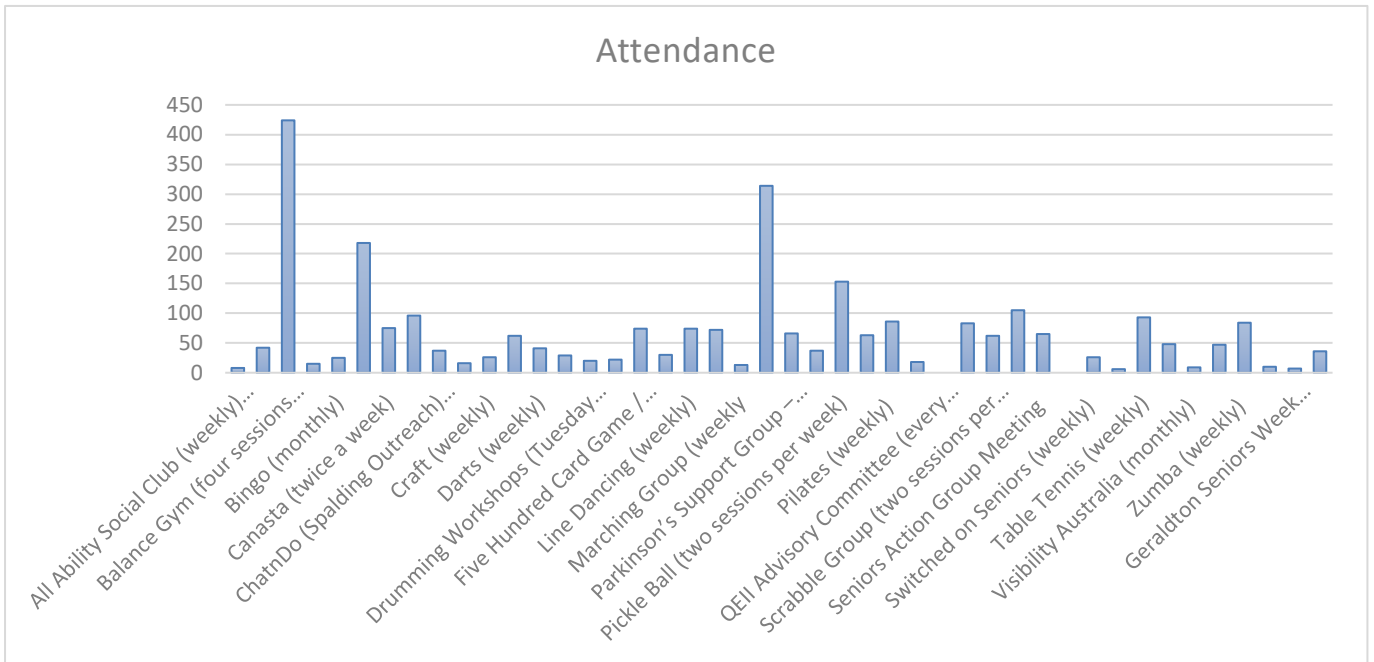
#### **Occasional Community/Commercial Bookings**

- Dance Day Disco 50
- Sunset Yoga x 8 sessions 615
- Birthday Celebration 60
- Wild & Naked Food Expo 430
- Dog Vaccination Day 60
- Evening of Mediumship 100
- Friends of the Library Booksale 150
- Religious lecture 60

**Total = 1525**

**Total QEII Seniors & Community Centre July 2023 Total Attendance = 4592**





## QEII SENIORS & COMMUNITY CENTRE REPORT – August 2023

prepared by Sharon Dair, Michaela Clarke and Isabelle Cornish

Centre program	Attendance
All Ability Social Club (weekly)	45
Art Class (weekly)	72
Balance Gym (four sessions weekly)	485
Bereavement/Loss Group (monthly)	10
Bingo (monthly)	31
Bowls (weekly)	201
Canasta (twice a week)	60
Cards (weekly)	100
ChatnDo (Spalding Outreach) (weekly)	41
Chess (weekly)	11
Craft (weekly)	11
Crochet /Knitters Group (weekly)	59
Darts (weekly)	33
Drumming Workshops (Thursday) (one session weekly)	28
Drumming Workshops (Tuesday night) (weekly)	Not recorded
ESL Class (weekly)	27
Five Hundred Card Game / Rummikub (weekly)	63
Foodbank Van (twice a week)	Not recorded
Line Dancing (weekly)	90
Mah-jongg (twice a week)	79
Marching Group (weekly)	0
Over 50's Gentle Gym (three sessions per week)	392
Parkinson's Support Group – Boxing (two sessions per week)	65
Pensioners Social Club Meeting/ committee (monthly)	31
Pickle Ball (two sessions per week)	204
Pickle Ball Night (one session weekly)	66
Pilates (weekly)	140
Pole Walking	22
QEII Advisory Committee (every three months)	0
Rehab Gym (two sessions per week)	108
Scrabble Group (two sessions per week)	67
Seniors Online (daily)	0
Seniors Action Group Meeting	32
Seniors Recreation Council Inc. (every three months)	0
Switched on Seniors (weekly)	59
Switched on Seniors – One on One sessions	23
Table Tennis (weekly)	99
Ukulele Dreamers Club (weekly)	61
Visibility Australia (monthly)	0
Walk Group (weekly)	81
Zumba (weekly)	85
<b>Additional Seniors Events/ Information Sessions</b>	
Dying to Know Day – 9 August 2023	63
Men Shed 30 Anniversary – 15 August 2023	250
Geraldton Seniors Week Committee Meeting	7
<b>Seniors Attendance Monthly Total</b>	<b>3301</b>

### Notes

- Foodbank, Computer room, Library and Lounge Room facilities not included in attendance figures.

### QEII Seniors Resource Centre

Enquiries Received	August
Individual Centre Program Enquiries - Pickle Ball, Pilates etc	41
Newsletters given out with face-to-face enquiries	33
Referral to other senior groups in the community e.g. Cultural Trust, Social Sporting Groups	4
Assistance with accessing forms online/printing, photocopying, connecting to the WIFI	44
Referral to senior service providers e.g. ACAT, Regional Alliance	14
Seniors' information e.g. WA Seniors Card, Regional Fuel Card etc	1
General inquiries	15
Information session bookings (if applicable)	136
Oximeter Distribution	25
New centre registrations	35
<b>Total Centre Enquiries</b>	<b>348</b>

#### Senior Service Providers:

- Balance Gym - WACRA (WA Centre for Rural Health)
- English as a Second Language Classes – Midwest Multicultural Association
- Rehabilitation Gym – WACHS (WA Country Health Service)
- Bereavement & Loss Group – St John Palliative Care
- Visibility Support Group- Visibility Australia
- Regional Alliance West - Wills, Enduring Powers of Attorney
- AdvoCare visits

#### Senior Advertising/ Displays

- **QEII Senior July 2023 Newsletter**  
590 hard copies distributed.  
Posted on the City of Greater Geraldton website and Over 50' Geraldton Life  
Email distribution to 753 recipients  
QEII Newsletter – QR code scan  
Hard copies distributed to Geraldton Regional Library, Civic Centre, Mullewa
- **Brochures/ Flyers/ Posters**  
2023 Aged cared and Retirement Living Booklets – ongoing  
Dying to Know Day - Wills & Information sessions – 9 August.  
QEII All Abilities Timetable and Social Club  
Menshed Big BBQ Breakfast 30-year anniversary  
Fit For Life – 5 September (new centre program)  
Midwest Multicultural Dinner  
WA Seniors Card 2023 -2024 Seniors Discount Directory  
Queen Park Theatre – various shows  
Clothing Swap Poster distributed around QEII Centre and sent out to Mullewa, continued to September Newsletters.  
Art Exhibitions poster of where and who by around Geraldton

- **Over 50's Geraldton Life Facebook posts**  
 16 Posts during August 2023.  
 Deadset Ad 1/8/23  
 Have a God Days Ad 2/8/23  
 Men's Hub Calendar 3/8/23  
 Free Bushwalk Ad 5/8/23  
 Advocare Ad 8/8/23  
 Big BBQ Breakfast Ad 9/8/23  
 Fit for life Ad 10/8/23  
 Dying to know Day 10/8/23  
 Line dancing – Nutbush City Limits 15/8/23  
 Men's Shed 30 year celebration Day 16/8/23  
 Find your ancestry 17/8/23  
 Couple from line-dancing group dancing while 'Singing Australia' sings 21/8/23  
 Orchid society 23/8/23  
 ABC news Catherina is 111yo 24/8/23  
 Pilates with Yeni 25/8/23  
 Advocare Ad 31/08/23

### Senior Program Updates

- Planning in progress by the Geraldton Seniors Week Committee and CGG staff for 2023 Seniors Week (12 to 19 November 2023)
- New program session Fit for Life to be held on the 5 September 2023
- Collaboration between QEII Centre and Regional Alliance West in delivering a vital information session, Dying to Know Day. The purpose of this session was to inform participants on how to get dead set, including a presentation about Wills, Enduring Powers of Attorney, Guardianship and Advance Health Directives. The session was very successful, with 65 attendees, and the Centre is planning regular sessions in the future.
- Australian Men's Shed Association 30-year anniversary. (Shredders Community Big BBQ Breakfast) was held on the 15 August at the Centre with centre senior groups involvement - line dancing, ukelele group etc.
- The QEII Centre is planning various activities to promote the importance of recycling and reducing waste. The first activity scheduled in September is Clothing Swap, the next activity will aim to motivate people to bring their coffee cup instead of using disposable cups.
- RUOK Day is on 14 September 2023, QEII Centre will host R U Ok Day at the centre to promote ideas on connecting with people and deliver a Suicide Prevention workshop.

### QEII Seniors & Community Centre Bookings

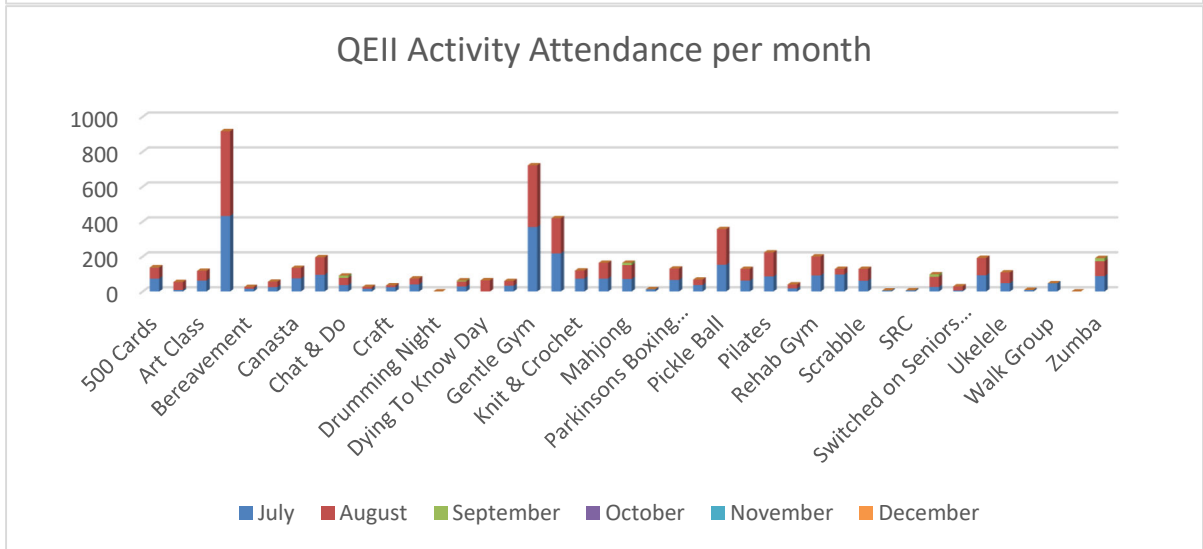
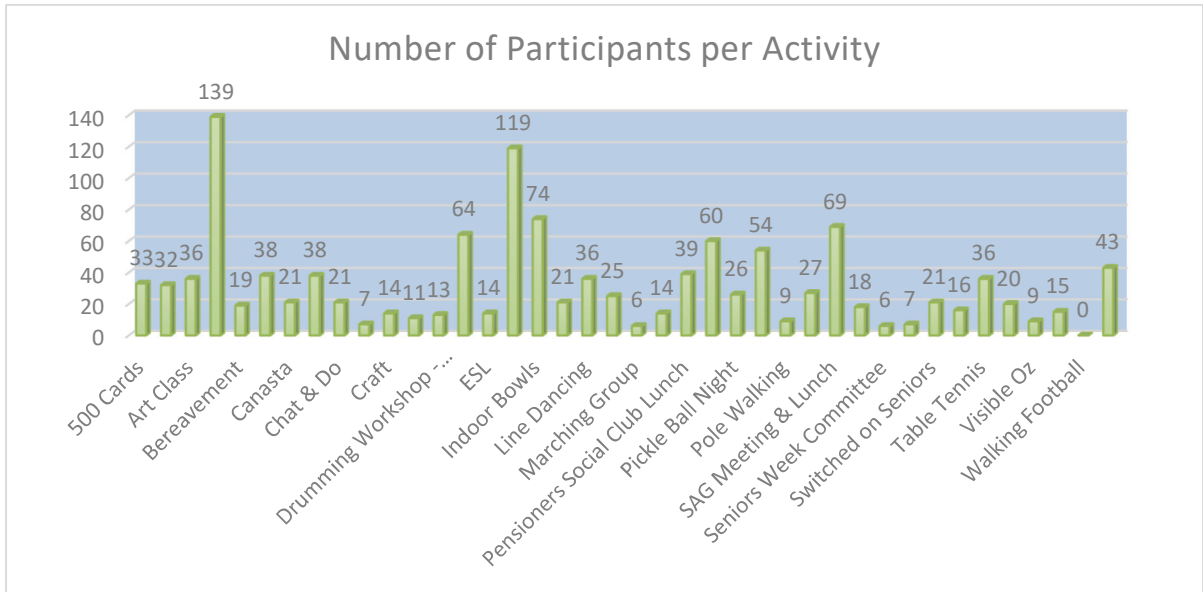
#### Regular Community User Groups

- Geraldton Orchid Society x 1 session
  - Sun City Four Square Church x 5 sessions
  - Adventist Family Fellowship x 4 sessions
- Total = 230**

#### Occasional Community/Commercial Bookings

- Dance Day Disco 80
  - Sunset Yoga x 8 sessions 615
  - All Ability Social Club x 5 sessions - 45
  - Meshed 200
  - YMAC Roadshow Referendum 60
  - Mayor's Prayer Breakfast 200
  - GRAMS Elders Bingo 65
- Total = 1495**

**Total QEII Seniors & Community Centre August 2023 Total Attendance = 4796**



**7 Centre Fees and Charges**

**8 EOI Seniors Programs**

**9 Seniors Week 2023**

**10 General Business**

**11 Close**